STT MOBILITY 2026   CAGLIARI (ITALY)   DATE: 03/06/2026-05/06/2026

PROPOSED MOBILITY PROGRAMME

Speaker : Dr. Ana Isabel Gil

- **Department:** Business Administration and Management (Organization of Business Area).
- **School:** School of Engineering and Architecture (EINA).
- **Research Institute:** Institute for Research in Employment, Digital Society, and Sustainability (**IEDIS**).

Dates: June 3th – 5th, 2026 **Time:** 09:00 AM – 14:00 PM (Intensive morning sessions). **Total number of hours:** 15 hours

Day 1 -ARRIVAL DATE | 2nd June

Day 2- First session |3rd June 9:00 TO 14.00h

Introduction Session : Dynamic institutional and technical presentation session aimed at strengthening group cohesion and identifying operational synergies. Following an 'Elevator Pitch' methodology, each participant will have a limited time to present their home institution, professional role, and the specific mobility projects (KA131, KA171, BIPs, or consortia) they currently manage.

Workshop 1. AI Literacy Applied to International Relations: Value, Limits, Risks, and Verification

- **Understand** the operational functioning of generative AI and its limitations (hallucinations, biases, context dependency) within the scope of IR-specific tasks.
- **Identify** various AI tools relevant for specific uses, distinguishing between their capabilities, restrictions, and conditions for secure use.
- **Recognize** typical risks and basic principles of data verification and data minimization.

Day 3- Second session and departure | 4th June from 9:00 to 14:00 h

Workshop 2. Incoming and Outgoing Students and Partner Consistency: Multilingual, Multicultural, and Multi-channel Support

- **Understand** the incoming/outgoing mobility cycle and the primary touchpoints with students and partner universities.

- **Identify** AI tools useful for multi-channel support, translation/localization, and the generation of informative materials (templates, FAQs), while preserving institutional consistency and tone.
- **Recognize** general criteria for classifying incidents, prioritizing responses, and maintaining consistency between student messaging and commitments made to partners.

Workshop 3. International Projects and Calls for Proposals: Synthesis, Operational Planning, and Reporting

- **Understand** the role of AI in synthesizing complex documentation and preparing operational artifacts (summaries, matrices, timelines, briefings).
- **Identify** AI tools applicable to requirement extraction, task organization, version control, and the preparation of reporting documents.
- **Recognize** general best practices for working with evidence, avoiding incorrect information, and maintaining minimum traceability.

Workshop 4 : Strategic Lab: Boosting 'Spanish Universities for EU Projects' through SWOT Analysis

- Participants will **engage in a structured SWOT (DAFO) analysis** to evaluate the project's integration within their home institutions. The workshop aims to move from theoretical support to operational commitment, identifying how each university can contribute to and benefit from this national consortium

Day 4- Third session | 5th June from 9:00 to 14:00 h

Workshop 5. Workplace Well-being and Sustainable Teamwork with AI in International Relations: Demands, Resources, Limits, and Coordination Practices

- **Understand** how the use of AI can modify job demands (cognitive load, interruptions, pressure for immediacy) and available resources (standardization, support, autonomy) within IR teams.
- **Identify** collaboration strategies using AI that support coordination, prioritization, reduction of rework, and workload management.
- **Recognize** general principles for agreeing upon boundaries, roles, and team practices that sustain service quality and well-being.

Workshop 6:

- Final technical session focused on capitalizing on the results achieved during the week. A structured workspace will be dedicated to defining concrete collaboration agreements, leveraging the knowledge acquired on AI and management. The session will conclude with the establishment of a joint action plan and timeline.